



# THRIVE™ Product Detail Document

	Servings					Shelf Life*		Allergens							Other					Country of Origin			
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils		No Artificial Colors	No Artificial Flavors	
<b>SNACKIES</b>																							
Bananas (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	Ecuador
Coconut Bites	N/A	N/A	2.5	N/A	N/A	2 yr.	N/A					•					•	•	•	•	•	•	Germany
Crisps, Beet Fruit	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	Germany
Crisps, Carrot Fruit	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	Germany
Crisps, Spinach Fruit	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	Germany
Fuji Apples (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA
Green Peas (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA, New Zealand
Mangoes (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	Mexico, Peru
Peaches (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA, Chile
Pineapple (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA, Costa Rica
Pomegranate Yogurt Bites (FD)	N/A	N/A	2.5	N/A	N/A	2 yr.	N/A	•									•	•	•	•	•	•	Germany
Red Grapes (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA, Chile
Sweet Corn (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA
Strawberries (FD)	N/A	N/A	3	N/A	N/A	2 yr.	N/A										•	•	•	•	•	•	USA
Vanilla Yogurt Bites (FD)	N/A	N/A	2.5	N/A	N/A	2 yr.	N/A	•									•	•	•	•	•	•	Germany
<b>THRIVE EXPRESS</b>																							
Baked Potato Cheese Soup	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•									NG	•	•	•	•	•	USA
Broccoli Cheese Soup	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•									NG	•	•	•	•	•	USA
Chili Lime Chicken Rice	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•									NG	•	•	•	•	•	USA
Creamy Beef and Noodles	N/A	N/A	3	N/A	N/A	5 yr.	N/A	•							•			•	•	•	•	•	USA
Creamy Chicken Noodle Soup	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•							•			•	•	•	•	•	USA
Creamy Garden Vegetable Chowder	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•									NG	•	•	•	•	•	USA
Garden Fresh Vegetable Pasta	N/A	N/A	2.5	N/A	N/A	5 yr.	N/A	•							•			•	•	•	•	•	USA
Hearty Chili with Beans	N/A	N/A	4	N/A	N/A	5 yr.	N/A										NG	•	•	•	•	•	USA
Loaded Scalloped Potatoes	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•							•			•	•	•	•	•	USA
Pasta Carbonara	N/A	N/A	3	N/A	N/A	5 yr.	N/A	•	•						•	•		•	•	•	•	•	USA
Southwestern-Style Chicken & Rice	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•									NG	•	•	•	•	•	USA
Wild Rice Pilaf	N/A	N/A	4	N/A	N/A	5 yr.	N/A	•									NG	•	•	•	•	•	USA
<b>BAKERY</b>																							
10 Grain Pancake Mix	72	24	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•						•		•	•	•	•	•	•	USA
Classic Cookie Dough Mix	108	36	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•						•		•	•	•	•	•	•	USA
Country White Dough Mix	45	15	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•					•	•		•	•	•	•	•	•	USA
Fudge Brownie Mix	48	16	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•						•		•	•	•	•	•	•	USA
Golden Cornbread Mix	27	9	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•						•		•	•	•	•	•	•	USA
Honey Whole Wheat Dough Mix	45	15	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•					•	•		•	•	•	•	•	•	USA
Macaroon Cookie Mix	78	26	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•			•					•	•	•	•	•	•	USA
Vanilla Sugar Cookie Dough Mix	72	24	N/A	N/A	N/A	3 yr.	3-6 mo.	•	•						•		•	•	•	•	•	•	USA
<b>SAUCES</b>																							
Béchamel (Creamy White Sauce)	N/A	32	N/A	N/A	N/A	10 yr.	1 yr.	•									•	•	•	•	•	•	USA
Espagnole (Savory Beef Gravy)	N/A	80	N/A	N/A	N/A	10 yr.	1 yr.	•									•	•	•	•	•	•	USA
Tomato (Classic Tomato Sauce)	N/A	64	N/A	N/A	N/A	10 yr.	1 yr.	•									•	•	•	•	•	•	USA
Velouté (Rich Chicken Gravy)	N/A	64	N/A	N/A	N/A	10 yr.	1 yr.	•									•	•	•	•	•	•	USA

(FD) = Freeze Dried.



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SEASONINGS	Servings					Shelf Life*		Allergens							Other					Country of Origin		
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils		No Artificial Colors	No Artificial Flavors
Basil (FD)	N/A	N/A	N/A	130	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Germany
Chef's Choice Seasoning Blend	N/A	N/A	N/A	160	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Chives (FD)	N/A	N/A	N/A	130	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Germany, Peru
Cilantro (FD)	N/A	N/A	N/A	130	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Germany, Peru
Italian Seasoning Blend	N/A	N/A	N/A	110	N/A	25 yr.	1 yr.										•	•	•	•	•	Germany
Oregano (FD)	N/A	N/A	N/A	130	N/A	25 yr.	1 yr.										•	•	•	•	•	Peru, Germany
Parsley (FD)	N/A	N/A	N/A	130	N/A	25 yr.	1 yr.										•	•	•	•	•	Peru, Germany
Peppercorn Seasoning Blend	N/A	N/A	N/A	150	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Pure Vanilla Powder	N/A	N/A	N/A	N/A	N/A	5 yr.	5 yr.										•	•	•	•	•	Madagascar, Indonesia, India, Uganda, Mexico, Papua New Guinea, Tahiti
Salad Seasoning Blend	N/A	N/A	N/A	105	N/A	25 yr.	1 yr.										•	•	•	•	•	Germany
FRUITS	Servings					Shelf Life*		Allergens							Other					Country of Origin		
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils		No Artificial Colors	No Artificial Flavors
Apples, Fuji (FD)	46	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Apples, Granny Smith (FD)	45	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Applesauce	44	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Apricots (FD)	48	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Banana Slices (FD)	42	13	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	Ecuador
Blackberries (FD)	48	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Chile, Serbia
Blueberries (FD)	51	17	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Canada, Honduras
Cherries, Sweet (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Greece, Turkey
Grapes, Red Seedless (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Chile
Mangoes (FD)	43	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	Mexico, Peru
Peach Slices (FD)	44	13	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Chile
Pears (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Pineapple Chunks (FD)	44	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Costa Rica
Raspberries (FD)	48	17	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Chile, Serbia, Poland
Raspberries, Organic (FD)	48	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Chile, Serbia
Strawberry Slices (FD)	45	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Strawberries, Whole (FD)	46	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Chile
VEGETABLES	Servings					Shelf Life*		Allergens							Other					Country of Origin		
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils		No Artificial Colors	No Artificial Flavors
Asparagus (FD)	48	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Broccoli (FD)	46	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	Mexico
Carrot Dices	40	13	N/A	N/A	N/A	8 yr.	1 yr.										•	•	•	•	•	USA, Poland
Cauliflower (FD)	43	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	Mexico
Celery (FD)	44	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Corn, Sweet (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Green Beans (FD)	51	17	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Mushroom Pieces (FD)	47	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, India
Onions, Chopped (FD)	52	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, India
Onions, Chopped	47	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Onion Slices (FD)	45	14	N/A	N/A	N/A	25 yr.	3-6 mo.										•	•	•	•	•	USA
Onions, Green (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Peru
Peas, Green (FD)	41	13	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, New Zealand

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VEGETABLES (CONT.)	Servings					Shelf Life*		Allergens							Other					Country of Origin		
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils		No Artificial Colors	No Artificial Flavors
Peas, Organic (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Peas, Split Green	45	14	N/A	N/A	N/A	8 yr.	1 yr.										•	•	•	•	•	USA
Peppers, Green Bell (FD)	48	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	Mexico
Peppers, Green Chili (FD)	48	16	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Mexico
Peppers, Mixed Bell	42	12	N/A	N/A	N/A	7 yr.	1 yr.										•	•	•	•	•	Uzbekistan
Peppers, Red Bell (FD)	46	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA, Mexico
Potato Chunks	48	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Potato Dices (FD)	41	12	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Potatoes, Mashed (FD)	22	6	N/A	N/A	N/A	5 yr.	3-6 mo.										•	•	•	•	•	USA
Spinach (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Squash, Butternut (FD)	46	14	N/A	N/A	N/A	25 yr.	1 mo.										•	•	•	•	•	USA
Tomato Dices (FD)	46	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Tomato Powder	86	28	N/A	N/A	N/A	8 yr.	1 yr.										•	•	•	•	•	USA
Zucchini (FD)	50	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
GRAINS	Servings					Shelf Life*		Allergens							Other					Country of Origin		
#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils	No Artificial Colors		No Artificial Flavors	
9 Grain Cracked Cereal	45	14	N/A	N/A	N/A	5 yr.	1 yr.									•	•	•	•	•	•	USA
Amaranth, Organic	48	15	N/A	N/A	N/A	20 yr.	1 yr.										•	•	•	•	•	India
Barley, Pearled	50	16	N/A	N/A	N/A	8 yr.	18 mo.										•	•	•	•	•	USA
Cornmeal	64	20	N/A	N/A	530	25 yr.	1 yr.										•	•	•	•	•	USA
Creamy Wheat Cereal	44	14	N/A	N/A	N/A	5 yr.	N/A									•	•	•	•	•	•	USA
Flour, White (Unbleached)	60	15	N/A	N/A	544	5 yr.	1 yr.									•	•	•	•	•	•	USA
Flour, Whole Wheat	47	14	N/A	N/A	415	5 yr.	1 yr.									•	•	•	•	•	•	USA
Gluten Free Flour	47	N/A	N/A	N/A	N/A	5 yr.	6 mo.										•	•	•	•	•	USA
Millet	52	15	N/A	N/A	N/A	20 yr.	1 yr.										•	•	•	•	•	USA
Oat Groats	41	13	N/A	N/A	N/A	30 yr.	1 yr.										•	•	•	•	•	USA
Oats, Quick	21	6	N/A	N/A	181	25 yr.	1 yr.										•	•	•	•	•	USA
Pasta, Egg Noodle	18	4	N/A	N/A	N/A	8 yr.	2 yr.	•								•	•	•	•	•	•	USA
Pasta, Elbow Macaroni	25	8	N/A	N/A	N/A	8 yr.	2 yr.									•	•	•	•	•	•	USA
Pasta, Rainbow Farfalle	13	4	N/A	N/A	N/A	8 yr.	1 yr.									•	•	•	•	•	•	USA
Pasta, Whole Grain Mini Penne	21	7	N/A	N/A	N/A	8 yr.	1 yr.									•	•	•	•	•	•	USA
Quinoa, Organic	46	15	N/A	N/A	N/A	20 yr.	1 yr.										•	•	•	•	•	Bolivia, Peru
Rice Flour	75	25	N/A	N/A	N/A	5 yr.	1 yr.										•	+	•	•	•	USA
Rice, Instant Brown	46	15	N/A	N/A	N/A	7 yr.	1 yr.										•	+	•	•	•	USA
Rice, Instant White	24	8	N/A	N/A	182	30 yr.	2 yr.										•	+	•	•	•	USA
Rice, White	46	14	N/A	N/A	380	30 yr.	5 yr.										•	•	•	•	•	USA
Spelt, Organic	46	15	N/A	N/A	N/A	30 yr.	2 yr.									•	•	•	•	•	•	USA
Wheat, Hard Red	48	15	N/A	N/A	N/A	30 yr.	2 yr.									•	•	•	•	•	•	USA
Wheat, Hard White	46	15	N/A	N/A	370	30 yr.	2 yr.									•	•	•	•	•	•	USA
DAIRY	Servings					Shelf Life*		Allergens							Other					Country of Origin		
#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils	No Artificial Colors		No Artificial Flavors	
Cheese Blend	45	13	N/A	N/A	N/A	15 yr.	6 mo.	•								•	+	•				USA
Cheese, Cheddar (FD)	44	14	N/A	N/A	N/A	20 yr.	1 yr.	•								•	•	•	•	•	•	USA
Cheese, Colby (FD)	45	13	N/A	N/A	N/A	20 yr.	1 yr.	•								•	•	•	•	•	•	USA
Cheese, Monterey Jack (FD)	44	14	N/A	N/A	N/A	20 yr.	1 yr.	•								•	•	•	•	•	•	USA
Cheese, Mozzarella (FD)	44	15	N/A	N/A	N/A	20 yr.	1 yr.	•								•	•	•	•	•	•	USA

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	Servings					Shelf Life*		Allergens								Other					Country of Origin			
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO	No Hydrogenated Oils	No Artificial Colors		No Artificial Flavors		
<b>DAIRY (CONT.)</b>																								
Cheese, Shredded Parmesan (FD)	180	60	N/A	N/A	N/A	20 yr.	3-6 mo.	•									•	•	•	•	•	•	USA	
Milk, Instant	57	18	N/A	N/A	437	25 yr.	2 yr.	•									•	•	•	•	•	•	USA	
Milk, Powdered Nonfat	53	15	N/A	N/A	437	25 yr.	2 yr.	•									•	•	•	•	•	•	USA	
Sour Cream Powder	630	188	N/A	N/A	N/A	10 yr.	1 yr.	•									•	•	•	•	•	•	USA	
Yogurt, Blueberry (FD)	48	15	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
Yogurt, Cherry (FD)	46	15	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
Yogurt, Greek (FD)	46	14	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
Yogurt, Passionfruit (FD)	43	13	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
Yogurt, Pomegranate (FD)	44	14	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
Yogurt, Strawberry (FD)	47	15	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
Yogurt, Vanilla (FD)	47	15	N/A	N/A	N/A	25 yr.	1 yr.	•									•	•	•	•	•	•	Germany	
<b>PROTEINS</b>																								
Beans, Black	47	15	N/A	N/A	N/A	30 yr.	5 yr.										•	•	•	•	•	•	USA, Canada	
Beans, Instant Black	46	15	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA	
Beans, Instant Pinto	42	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA	
Beans, Instant Red	42	14	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA	
Beans, Instant Refried	44	14	N/A	N/A	N/A	25 yr.	6-12 mo.										•	•	•	•	•	•	USA	
Beans, Kidney	46	14	N/A	N/A	N/A	30 yr.	5 yr.										•	•	•	•	•	•	USA, Canada	
Beans, Lima	46	14	N/A	N/A	N/A	30 yr.	5 yr.										•	•	•	•	•	•	USA, Canada	
Beans, Pinto	47	15	N/A	N/A	393	30 yr.	5 yr.										•	•	•	•	•	•	USA, Canada	
Beans, Small Red	46	15	N/A	N/A	N/A	30 yr.	5 yr.										•	•	•	•	•	•	USA, Canada	
Beans, Small White Navy	48	12	N/A	N/A	N/A	30 yr.	5 yr.										•	•	•	•	•	•	USA, Canada	
Beef Dices (FD)	22	7	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA, Argentina, Australia, New Zealand, Brazil, Uruguay, Canada	
Beef, Ground (Hamburger) (FD)	23	7	N/A	N/A	N/A	25 yr.	1 yr.										•	+	•	•	•	•	USA, Australia, New Zealand, Uruguay, Canada	
Beef, Roast (FD)	22	7	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA, Uruguay, Argentina	
Chicken, Chopped (FD)	22	7	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA	
Chicken, Seasoned Slices (FD)	22	7	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	•	USA	
Eggs, Scrambled Mix	103	31	N/A	N/A	N/A	7 yr.	1 yr.		•								•	•	•	•	•	•	USA	
Eggs, Whole	216	66	N/A	N/A	N/A	3 yr.	1 yr.		•								•	•	•	•	•	•	USA	
Ham Dices (FD)	18	6	N/A	N/A	N/A	25 yr.	2 wks.										•	•	•	•	•	•	USA, Canada	
Lentils	46	15	N/A	N/A	378	30 yr.	5 yr.										•	•	•	•	•	•	USA	
Sausage Crumbles (FD)	22	7	N/A	N/A	N/A	25 yr.	1 yr.										•	+	•	•	•	•	USA	
Turkey Dices (FD)	22	7	N/A	N/A	N/A	25 yr.	2 wks.										•	•	•	•	•	•	USA	
TVP, Bacon	47	15	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	•	USA	
TVP, Beef	46	14	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	•	USA	
TVP, Chicken	46	15	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	•	USA	
TVP, Ham	45	14	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	•	USA	
TVP, Sloppy Joe	46	14	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	•	USA	
TVP, Taco	47	15	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	•	USA	
<b>BASICS</b>																								
Bouillon, Beef	575	175	N/A	N/A	N/A	5 yr.	1 yr.										•	•	•	•	•	•	USA	
Bouillon, Chicken	575	160	N/A	N/A	N/A	5 yr.	1 yr.										•	•	•	•	•	•	USA	

(FD) = Freeze Dried.



# THRIVE™ Product Detail Document

BASICS (CONT.)	Servings					Shelf Life*		Allergens							Other				Country of Origin			
	#10	Pantry	Pouch	Spice Can	Bucket	Optimum	Opened	MILK	EGGS	PEANUT	TREE NUT	COCONUT	FISH	SHELLFISH	SOY	WHEAT	Gluten Free Certified	No GMO		No Hydrogenated Oils	No Artificial Colors	No Artificial Flavors
Butter Powder	531	171	N/A	N/A	N/A	5 yr.	9 mo.	•									•	•	•	•	•	USA
Flour, Peanut	90	30	N/A	N/A	N/A	5 yr.	3-6 mo.			•							•	•	•	•	•	USA
Honey Crystals	468	142	N/A	N/A	N/A	25 yr.	1 yr.										•	•	•	•	•	USA
Salt, Iodized	2016	556	N/A	N/A	N/A	30 yr.	2 yr.										•	•	•	•	•	USA
Shortening Powder	200	67	N/A	N/A	N/A	3 yr.	1 yr.	•							•		•	•	•	•	•	USA
Sugar, Brown	501	150	N/A	N/A	N/A	10 yr.	1 yr.										•	•	•	•	•	USA
Sugar, Cane	646	202	N/A	N/A	4,536	30 yr.	1 yr.										•	•	•	•	•	USA
Sugar, Powdered	46	14	N/A	N/A	N/A	30 yr.	2 yr.										•	•	•	•	•	USA
Yeast, Instant Dry	N/A	30	N/A	N/A	N/A	4 yr.	2 yr.										•	•	•	•	•	Mexico
DRINKS	Servings					Shelf Life*		Allergens							Other				Country of Origin			
Orange Bliss	85	25	N/A	N/A	N/A	3 yr.	3-6 mo.										•	•	•	•	•	USA
Orchard Apple	85	25	N/A	N/A	N/A	3 yr.	3-6 mo.										•	•	•	•	•	USA
Simply Peach	85	25	N/A	N/A	N/A	3 yr.	3-6 mo.										•	•	•	•	•	USA
LIMITED-TIME PRODUCTS†	Servings					Shelf Life*		Allergens							Other				Country of Origin			
Gourmet Hot Cocoa	78	25	N/A	N/A	N/A	5 yr.	3-6 mo.	•				•					•	•	•	•	•	USA
Peppermint Hot Cocoa	N/A	25	N/A	N/A	N/A	5 yr.	N/A	•				•					•	•	•	•	•	USA
PARTY SAMPLE CANS	Servings					Shelf Life*		Allergens							Other				Country of Origin			
Chicken Salad Mix	N/A	6	N/A	N/A	N/A	10 yr.	1 yr.										NG	•	•	•	•	USA
Golden Cornbread Mix	N/A	9	N/A	N/A	N/A	10 yr.	1 yr.	•	•							•	•	•	•	•	•	USA
Garden Fresh Salsa Mix	N/A	10	N/A	N/A	N/A	10 yr.	1 yr.										NG	•	•	•	•	USA
Simply Peach Smoothie Mix	N/A	4.5	N/A	N/A	N/A	10 yr.	1 yr.	•									NG	•	•	•	•	USA

† See current price list addendum for availability.

\*The shelf life stated on all Thrive Life™ products is based on a “will sustain life” shelf life. This means that although time and heat may degrade the nutrition, color, and texture of all foods, our products will still be safe to eat and will sustain life through the stated shelf life. In the correct storage container, low-moisture foods stored in dry areas at room temperature or cooler (75°F/24°C or lower) can remain nutritious and edible for years. Studies show that even after being stored long-term, properly packaged food will help sustain life in an emergency. Pouch size has a maximum closed shelf life up to 5 years. Opened shelf life varies greatly depending on temperature, humidity, and many other climate, environment, and storage factors. The provided number or date range is merely a recommendation and is based on optimal storage conditions as previously stated.

+ Gluten-Free Certified: Products are currently under review and will be Certified Gluten-Free once review process is complete.

NG Gluten-Free Certified: These products are naturally gluten-free; however the process to certify them gluten-free is lengthy. We are working towards certifying them in the future.

+ No GMO: Products are currently under review and will be changed to non-GMO status once process is complete and if products exist that meet our standards of taste, quality and price.

Though Thrive Life™ provides this comprehensive tool, please remember to read through each label before consuming any of our products to ensure consumption is safe for those with allergies or other reactions to foods. The information in this document is intended to provide you with a comprehensive tool, however it is subject to change and only contains information on products currently offered.

THRIVE foods are processed in a facility that is gluten-free, FDA, USDA, and USDA organic certified. The allergens contained in each product are listed in this document. All products are processed in a facility that handles milk, egg, soy, wheat, and coconut products; however, we follow strict HACCP food safety procedures as prescribed by the FDA in order to prevent any cross contamination of allergens between product runs. Product labels may list tree nuts, as coconut is considered a tree nut by the FDA, but coconut is the only nut product processed in our facility.

All Thrive Life products are free of added MSG. Naturally occurring glutamic acid may be present in some products—specifically those listing yeast extract as an added ingredient.