

Thrive Freeze Dried Food Choices

GRAINS

6 Grain Pancake Mix
9 Grain Cracked Cereal
10 Grain Pancake Mix
Amaranth
Cornbread
Egg Noodle Pasta Elbow
Macaroni Germade
(Wheat Cereal) Hard Red
Wheat
Hard White Winter Wheat
Instant Brown Rice **NEW!**
Instant White Rice
Millet
Oat Groat
Pearled Barley
Quick Oats
Quinoa
Rice Flour
Spaghetti
Spelt
White Flour
White Rice
Whole Wheat Flour

DAIRY

Blueberry Yogurt Bites
Cheese Blend
Cherry Yogurt-FD
Chocolate Drink Mix
Instant
Milk
Non-fat Powdered Milk
Orange Yogurt Bites
Passionfruit Yogurt Bites
Pomegranate Yogurt Bites
Shredded Cheddar Cheese-FD
Shredded Colby Cheese-FD
Shredded Monterey Jack
Cheese-FD
Shredded Mozzarella Cheese
(FD)
Sour Cream Powder
Strawberry Yogurt Bites
Vanilla Yogurt Bites

FRUITS

Apple Chips
Apple Sauce
Apple Slices
Apricot-FD
Banana Slices-FD
Blackberries-FD
Blueberries-FD
Fuji Apple Slices-FD
Granny Smith Apple Slices-FD
Mango-FD
Peach Slices-FD
Pears-FD
Pineapple Chunks-FD
Raspberries-FD
Red Seedless Grapes-FD
Strawberries-FD
Sweet Cherry Halves-FD
Whole Strawberries-FD

VEGETABLES

Asparagus-FD **NEW!**
Broccoli-FD
Carrot Dices
Cauliflower-FD
Celery-FD
Chopped Onions
Chopped Onions-FD
Chopped Spinach-FD
Green Beans-FD
Green Bell Peppers-FD
Green Chili Peppers-FD
Green Onions-**NEW!**
Green Peas-FD
Mushroom Pieces-FD
Potato Beads
Potato Chunks
Potato Dices-FD
Red & Green Bell Peppers
Red Bell Peppers-FD
Split Green Peas
Sweet Corn-FD
Tomato Dices-FD
Tomato Powder
Zucchini-FD

EGGS

Scrambled Egg Mix
Eggs White Powder
Eggs-Whole

MEATS

Beef Dices-FD
Chicken-FD
Chopped Chicken-FD
Ground Beef-FD
Ham Dices-FD Roast
Beef-FD Sausage
Crumbles-FD
Seasoned Chicken Slices-FD
Turkey Dices-FD

TVP

Bacon TVP Beef
TVP Chicken
TVP Ham TVP
Sausage TVP
Sloppy Joe TVP
Taco TVP

BEANS

Black Beans
Instant Pinto Beans
Instant Red Beans
Kidney Beans
Lentils
Lima Beans
Pinto Beans
Small Red Beans
Small White Navy Beans

DESSERTS

Double Chocolate Chip Ice
Cream Bar
Fudge Brownies
Ice Cream Sandwiches
Macaroon Cookies
Neapolitan Bits

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BASICS

Baking Powder
Baking Soda Beef
Bouillon Brown
Sugar Butter
Powder
Chicken Bouillon
Honey Crystals **New!**
Iodized Salt Powdered
Sugar Shortening
Powder White Sugar

THRIVE EXPRESS ENTREES

Chili Lime Chicken Rice
Hearty Chili with Beans
Baked Potato Cheese Soup
Broccoli Cheese Soup
Creamy Chicken Noodle Soup
Creamy Garden Vegetable
Chowder
Southwest Style Chicken &
Rice
Pasta Carbonara
Wild Rice Pilaf
Creamy Beef and Noodles
Garden Fresh Vegetable Pasta
Loaded Scalloped Potatoes

DRINKS

Fruit Punch Performance
Mango Passion
Melon Berry Burst
Orange Bliss
Orchard Apple
Simply Peach